Form 1

|  |  |
| --- | --- |
| Skin Flushing | Yes/No |
| Pruritis |  |
| Multiple Chemical Sensitivities |  |
| Headaches |  |
| Sweating |  |
| Flushing after a hot shower |  |
| Mental Frog |  |
| Abdominal discomfort |  |
| Diarrhea |  |
| Fatigue |  |
| Menstrual periods (increased symptoms) |  |
| Dermatographism |  |
| Weight gain/loss/fluctuation |  |
| GERD |  |
| Nausea |  |
| Blepharospasm |  |
| Hair loss, dry |  |
| Nails, brittle, ridged |  |
| Dry Eyes |  |
| Ears; tinnitus, abnormal hearing |  |
| Sinonasal – frequent URI, epistaxis |  |
| Oral – sore throat, irritation |  |
| Dysuria |  |
| Bladder pain |  |
| Vulvodynia |  |
| Flu like symptoms |  |

**ES**

|  |  |
| --- | --- |
| Swallowing difficulty | Yes/No |
| A feeling of something stuck in her throat |  |
| Shooting pains from throat to the ear or jaw |  |
| Pain at the base of the tongue |  |
| Pain when swallowing or turning the head to one side |  |
| Persistent ringing or buzzing in the ears |  |
| Headache |  |
| Throbbing in the jaw |  |

**CM**

|  |  |
| --- | --- |
| Neck pain | Yes/No |
| Balance problems |  |
| Muscle Weakness |  |
| Parasthesias to arms and legs |  |
| Dizziness |  |
| Vision Problems |  |
| **Difficulty swallowing** |  |
| Tinnitus |  |
| Hearing loss |  |
| Nausea |  |
| **Headaches made worse by coughing or straining** |  |
| Hand co-ordination |  |
| Fine motor skills |  |
| Romberg’s sign |  |

**CCI**

|  |  |
| --- | --- |
| Weakness of arms and legs | Yess/No |
| Headaches |  |
| Dizziness |  |
| Dyspnea |  |
| Dysphagia |  |
| Dysphonia |  |
| Altered vision |  |
| Syncope |  |
| Nausea |  |
| Gait changes |  |